

## WORKSHOP

Friday, February 21<sup>st</sup>, 2025

Ruby Ballroom, Sheraton Grand Gandaria City, Jakarta

### WORKSHOP 1

**Targeted Hypertension Care: Tailoring Treatment Across Multiple Conditions**

*Chair: Tities Anggraeni Indra, MD*

TIME	TOPIC	SPEAKER
08.00 - 08.30	Registration	
08.30 - 08.40	Pre Test	
08.40 - 09.00	Hypertension in High Risk Occupation	Made Junior Rina Artha, MD
09.00 - 09.30	Hypertension and Sport : Balancing Fitness and Safety	Ade Median Ambari, MD
09.30 - 10.00	Comprehensive Strategies in Managing Obesity Related Hypertension	Yulia Sofiatin, MD
10.00 - 10.15	<b>Coffee Break</b>	
10.15 - 10.45	Managing Hypertension in the Elderly : Promoting Healthy Aging	Abdul Wahid, MD
10.45 - 11.15	Treatment of Hypertension in Coronary Artery Disease	Sari Mumpuni, MD
11.15 - 11.30	Q&A	
11:30 - 13:00	<b>FRIDAY PRAYING &amp; LUNCH</b>	
13.00 - 14.30	Interactive Case Discussion	All Speakers Dimas Septiar, MD (Case Presenter)

**WORKSHOP**

**Friday, February 21<sup>st</sup>, 2025**

Sapphire Ballroom, Sheraton Grand Gandaria City, Jakarta

**WORKSHOP 2**

**Challenges in Hypertension: How to Session**

*Chair: Cep Juli, MD*

TIME	TOPIC	SPEAKER
08.00 - 08.30	Registration	
08.30 - 08.40	Pre Test	
08.40 - 09.00	How to Optimize Hypertension Outcomes with Home Blood Pressure Monitoring	Triwedya Indradewi, MD
09.00 - 09.30	How to Identify and Diagnose Secondary Hypertension in Young Adults	Widodo, MD
09.30 - 10.00	Hypertension - Induced Cerebral Small Vessel Disease: How to Manage?	Paulus Anam Ong, MD
10.00 - 10.15	<b>Coffee Break</b>	
10.15 - 10.45	How to Manage Masked Hypertension : A Comprehensive Approach	Chandra Irwanadi Mohani, MD
10.45 - 11.15	Hypertension Mediated Organ Damage : How to Assess and Intervene	Marihot Tambunan, MD
11.15 - 11.30	Q&A	
11:30 - 13:00	<b>FRIDAY PRAYING &amp; LUNCH</b>	
13.00 - 14.30	Interactive Case Discussion	Oryza Gryagus, MD (Case Presenter)

## WORKSHOP

**Friday, February 21<sup>st</sup>, 2025**

Emerald Ballroom, Sheraton Grand Gandaria City, Jakarta

### WORKSHOP 3

**Workshop of Hypertension by OMRON ACADEMY**

*Chair: Rarsari Soerarso, MD*

TIME	TOPIC	SPEAKER
08.00 - 08.30	Registration	
08.30 - 09.00	Pre Test	
09.00 - 09.30	How to Assess Blood Pressure Variability	Rarsari Soerarso, MD
09.30 - 10.00	The Impact of Morning Blood Pressure Surge in Cerebrovascular Disease	Eka Harmeiwaty, MD
10.00 - 10.15	<b>Coffee Break</b>	
10.15 - 10.45	Home Blood Pressure Variability: Risk Prediction for Cardiovascular Disease	Badai Tiksnadi, MD
10.45 - 11.15	How to Manage Blood Pressure in Chronic Kidney Disease	Nyoman Paramita Ayu, MD
11:30 - 13:00	<b>FRIDAY PRAYING &amp; LUNCH</b>	
13.00 - 13.30	Hands On by OMRON	Eka Harmeiwaty, MD
13.30 - 14.30	Interactive Case Discussion : Management of Hypertension in Multiple Organ Damage	Rarsari Soerarso, MD (Case Presenter)

## Scientific Program

Saturday, February 22<sup>nd</sup>, 2025

Sheraton Grand Gandaria City, Jakarta

### 07.00 - 07.50 REGISTRATION

07.50 - 08.00 Ethical Issues in Managing Hypertension  
*Pukovisa Prawirohardjo, MD*

### MORNING TALKS

BALLROOM 2

#### Resistant Hypertension: A Practical Clinical Approach for Diagnosis and Treatment

Chair: *Zulkhair Ali, MD*

08.00 - 08.10 Interactive Case Study  
*Anandhara Indriani K., MD*

08.10 - 08.40 Discussion  
*Panelists: Sari Mumpuni, MD*  
*Chandra Irwanady Mohtani, MD*  
*Prof Yuda Turana, MD*

### PLENARY SESSION 1

BALLROOM 2

Chair: *Prof Wiguno Prodjosudjadi, MD*

08.40 - 09.05 How to Manage Hypertension in 2025: International Consensus?  
*Prof George Stergiou, MD*  
*(President - International Society of Hypertension)*

09.05 - 09.30 Primordial Hypertension: Shaping National Health Strategies for Prevention and Management  
*Prof Teguh A. S. Ranakusuma, MD*

09.30 - 10.00 **OPENING CEREMONY**

BALLROOM 2

10.00 - 10.30 **COFFEE BREAK**

**SYMPOSIUM 1**

BALLROOM 1

**Consequences of Hypertension to the Brain, Heart and Kidney: Strategies to Improve Outcomes**

Chair: *Lisda Amalia, MD*

10.30 - 10.45 Stroke Prevention in Heart Failure Patients

*Rahmat Hidayat, MD*

10.45 - 11.00 Tackling HFrEF: Tactics for Superior Long-Term Outcomes

*Rossana Barack, MD*

11.00 - 11.15 ARNI in Patients with HFrEF and Renal Impairment: Where Do We Stand?

*Sally Nasution, MD*

11.15 - 11.30 Discussion

**SYMPOSIUM 2**

BALLROOM 2

**Hypertension and Dyslipidemia as a Double Burden of Cerebrovascular Disease**

Chair: *Prof Jose Roesma, MD*

10.30 - 10.45 Genetic Analyses of Lipid Risk Factors for Atherosclerosis

*Prof Bambang Purwanto, MD*

10.45 - 11.00 Updated Pharmacological Approaches to Hypertension Management

*Yenny Kandarini, MD*

11.00 - 11.15 Comprehensive Treatment of Stroke related to Hypertension and Dyslipidemia

*Mursyid Bustami, MD*

11.15 - 11.30 Discussion

**SYMPOSIUM 3**

BALLROOM 3

**Navigating the Complex Relationship: Heart Failure and Cardiorenal Syndrome**

Chair: *Erwinanto, MD*

10.30 - 10.45 Updates on Cardiorenal Continuum

*Ria Bandiara, MD*

10.45 - 11.00 Unlocking Hope Across Heart Failure's Ejection Fractions: Dapagliflozin's Position on Latest Guideline Therapy

*Badai Tiksnadi, MD*

11.00 - 11.15 Advancements in Hyperkalemia Management for Cardiorenal Syndrome: New Therapeutic Strategies

*Ginnova Nainggolan, MD*

11.15 - 11.30 Discussion

## LUNCH SYMPOSIUM 1

BALLROOM 1

### JOINT SYMPOSIUM InaSH - ISH - HOPE ASIA NETWORK

#### Advances in the Treatment Strategies in Hypertension: Present and Future

Chair: *Anwar Santoso, MD*

11.30 - 11.50 Current Issues and Future Perspectives in Blood Pressure Measurement and Hypertension Diagnosis

*Prof George Stergiou, MD*

*(President - International Society of Hypertension)*

11.50 - 12.10 Use of Angiotensin-Receptor Neprilysin Inhibitor for the Management of Hypertension

*Prof Jiguang Wang, MD*

*(Deputy President - HOPE Asia Network)*

12.10 - 12.30 Discussion

## LUNCH SYMPOSIUM 2

BALLROOM 2

### Mastering Hypertension: Innovations and Strategies for Optimal Blood Pressure Control

Chair: *Prof Yuda Turana, MD*

11.30 - 11.50 Navigating Hypertension - Integrative Strategies from the ESH 2024 MASTERplan

*Prof Claudio Borghi, MD*

*(European Society of Hypertension / International Society of Hypertension)*

11.50 - 12.10 Prevent Cardio Renal Disease in Its Tracks - Power to Control Blood Pressure

*Djoko Wibisono, MD*

12.10 - 12.30 Discussion

## LUNCH SYMPOSIUM 3

BALLROOM 3

### Pioneering Cerebrocardiorenal Complications in Hypertension

Chair: *Ekawati Dani Yulianti, MD*

11.30 - 11.45 Guardian of the heart - our superpower in managing all spectrum HF

*Siska Suridanda Dany, MD*

11.45 - 12.00 Protector of the Kidney - Easing Our CKD Patients

*Pranawa Martosuwignyo, MD*

12.00 - 12.15 Tackling the Scourge of CVD and CKD with the Duo Force  
*Yan Herry, MD*

12.15 - 12.30 Discussion

12.30 - 13.30 LUNCH

#### SYMPOSIUM 4

BALLROOM 1

##### **ACE Inhibitor and Beta Blocker in the Management of Hypertension**

Chair: *Ni Made Hustrini, MD*

13.30 - 13.45 Interaction Between the Sympathetic Nervous System and Renin Angiotensin Aldosterone in Hypertension  
*Zulkhair Ali, MD*

13.45 - 14.00 Upstream and Downstream Pathway Intervention in controlling Hypertension and Preventing the complication: The Power of ACE-i  
*Prof Saifur Rohman, MD*

14.00 - 14.15 The Role of Vasodilator Beta Blocker as Anti Hypertensive Agents in Specific Population  
*Paskariatne Probodewi, MD*

14.15 - 14.30 Discussion

#### SYMPOSIUM 5

BALLROOM 2

##### **Exploring Gut Hypertension Axis: Integrating Single Pill Combinations for Optimized CV Management**

Chair: *Nyoman Paramita Ayu, MD*

13.30 - 13.45 Exploring New Therapeutic Options of Microbiota - Derived Metabolites in Blood Pressure Regulation  
*Afiatin, MD*

13.45 - 14.00 Understanding the Link Between TMAO and Cardiovascular Disease: From Pathophysiology to Therapeutic Strategies  
*Bambang Widyantoro, MD, PhD*

14.00 - 14.15 Improving Hypertension Treatment and Control: The Challenge and How to Overcome it with Single Pill Combination  
*Prof Haerani Rasyid, MD*

14.15 - 14.30 Discussion

## SYMPOSIUM 6

BALLROOM 3

### Burden of Hypertension to Brain, Heart and Kidney

Chair: Santoso Karo Karo, MD

Co-Chair: Dinda Diafiri, MD

13.30 - 13.45 New Insight into Cerebrovascular Pathophysiology in Hypertension

*Cep Juli, MD*

13.45 - 14.00 Optimizing Telmisartan in Managing Hypertension: Beyond Blood Pressure Lowering Effect

*Pringgodigdo Nugroho, MD*

14.00 - 14.15 How to Improve Management of Hypertension Related Proteinuria

*Tunggul D. Situmorang, MD*

14.15 - 14.30 Discussion

## SYMPOSIUM 7

BALLROOM 1

### The Innovations in Hypertension Monitoring

Chair: Tunggul D. Situmorang, MD

14.30 - 14.45 Machine Learning Models for Early Detection and Diagnosis in Hypertension

*I Made Putra Swi Antara, MD*

14.45 - 15.00 Cuffless Blood Pressure Monitoring Device for Better Hypertension Control

*Prof Hae Young Lee, MD*

*(Korean Society of Hypertension)*

15.00 - 15.15 The Early Echocardiographic Signs in Hypertensive Heart Disease

*BRM Ario Soeryo Kuncoro, MD*

15.15 - 15.30 Discussion

## SYMPOSIUM 8

BALLROOM 2

### Evidence to Practice: Renal Denervation as a Treatment for Hypertension

Chair: Amanda Tiksnadi, MD

14.30 - 14.45 Recent Update on Resistant Hypertension

*Bagus Andi Pramono, MD*

14.45 - 15.00 The Evidence: The Spyral HTN Clinical program

*Faris Basalamah, MD*

15.00 - 15.15 Selecting the Right Patients for Renal Denervation

*Maruhum Bonar Marbun, MD*

15.15 - 15.30 Discussion



**SYMPOSIUM 9**

BALLROOM 3

**Management of ASCVD and Type 2 Diabetes**

Chair: *Yulia Sofiatin, MD*

14.30 - 14.45 Managing Hypertension in Diabetes: Strategies for Integrated Care and Optimal Outcomes

*Prof Rudi Supriadi, MD, PhD*

14.45 - 15.00 Managing People with ASCVD and Type 2 Diabetes: What Do Recent Guidelines Say

*Antonia Anna Lukito, MD, PhD*

15.00 - 15.15 GLP-1 RA Semaglutide Once-Weekly: A Novel Treatment Choice for People with ASCVD and T2D

*Dicky Tahapary, MD, PhD*

15.15 - 15.30 Discussion

15.30 - 15.45 **WRAP UP**

BALLROOM 2

15.45 - 16.00 **CLOSING**

BALLROOM 2

## Scientific Program

Sunday, February 23<sup>rd</sup>, 2025

Sheraton Grand Gandaria City, Jakarta

### PLENARY SESSION 2

BALLROOM 2

- Chair: *Pringgodigdo Nugroho, MD*
- 08.00 - 08.30 Environmental Challenges in Managing Hypertension in Indonesia: Perspective from the Policy Maker  
*Siti Nadia Tarmizi, MD*  
(Director for Prevention and Control of Direct Communicable Diseases - Ministry of Health)
- 09.30 - 09.00 Perspective of Hypertension Management in Asia  
*Prof Jiguang Wang, MD*  
(Deputy President - HOPE Asia Network)

09.00 - 09.30 **InaSH AWARD**

BALLROOM 2

### SYMPOSIUM 10

BALLROOM 1

#### Hypertension in the Early Age and Pregnancy

- Chair: *Frits R W. Suling, MD*
- 09.30 - 09.45 Hypertension in Pediatric Populations: Causes, Consequences and Prevention Strategies  
*Prof Dany Hilmanto, MD*
- 09.45 - 10.00 Hypertension in Adolescent Populations: Strategies for Effective Management  
*Radityo Prakoso, MD*
- 10.00 - 10.15 Management of Hypertension in Pregnancy: Optimizing Maternal and Fetal Outcomes  
*Windi Nurdiawan, MD*
- 10.15 - 10.30 Discussion

**SYMPOSIUM 11**

BALLROOM 2

**JOINT SYMPOSIUM InaSH - APSH - KSH**

**Obesity, Metabolic Syndrome and Hypertension**

Chair: *Arieska Ann Soenarta, MD*

09.30 - 09.45 Improving Hypertension Control Using Impedance  
Cardiography

*Prof Teo Boon Wee, MD*

*(Asia Pacific Society of Hypertension)*

09.45 - 10.00 Long Term Impact of New-Onset Diabetes Mellitus in  
Hypertensive Patients

*Prof Hae Young Lee, MD*

*(Korean Society of Hypertension)*

10.00 - 10.15 Obesity and Hypertension: Where do Indonesia stand?

*Anwar Santoso, MD, PhD*

10.15 - 10.30 Discussion

**SYMPOSIUM 12**

BALLROOM 3

**Hypertension in Central and Peripheral Vascular Disease**

Chair: *Afiatin, MD*

09.30 - 09.45 The Effects of Hypertension on Cerebral Autoregulation  
and Brain Health

*Ekawati Dani Yulianti, MD*

09.45 - 10.00 Managing Hypertension to Mitigate Dementia Risk and  
Treatment Strategies

*Prof Syahrul Gazali, MD*

10.00 - 10.15 Hypertension and Peripheral Arterial Disease

*Hananto Andriantoro, MD*

10.15 - 10.30 Discussion

10.30 - 11.00 **COFFEE BREAK**

## SYMPOSIUM 13

BALLROOM 1

### Secondary Prevention on ASCVD

Chair: *Yenny Kandarini, MD*

11.00 - 11.15 Lipid-Lowering Combination Therapy: What The Guidelines Say?

*Prof Bambang Budi Siswanto, MD*

11.15 - 11.30 Lipid Management in Stroke Therapy : Current Strategies, Challenger and Future Directions

*Valentinus Besin, MD*

11.30 - 11.45 The Role of Lipid-Lowering Combination Therapy in Managing Complex Cardiovascular Conditions

*Adrianus Kosasih, MD*

11.45 - 12.00 Discussion

## SYMPOSIUM 14

BALLROOM 2

### State of the Art Anti Hypertensive Combination

Chair: *Rossana Barack, MD*

11.00 - 11.15 Rationale of Anti Hypertensive Combination

*Eka Harmeiwaty, MD*

11.15 - 11.30 How Can We Do Better in Hypertension Management with FixedDose Combination

*Syafrizal Nasution, MD*

11.30 - 11.45 Targeting Cardiovascular Risk in Hypertension : A Pathway to Better Outcomes

*Celly Anantaria, MD*

11.45 - 12.00 Discussion

## SYMPOSIUM 15

BALLROOM 3

### CCB: Beyond Blood Pressure Lowering Effect to Atherogenesis

Chair: *Eka Musridharta, MD*

11.00 - 11.15 Vascular Calcium Channel and High Blood Pressure

*Erwinanto, MD*

11.15 - 11.30 The Evolution of CCB as Anti Hypertensive Agent

*Aryatama, MD*

11.30 - 11.45 The Role of Amlodipine in Blood Pressure Control Triage: Achieving Cardiovascular Protection

*Ria Bandiara, MD*

11.45 - 12.00 Discussion

12.00 - 13.00 **LUNCH**

**LUNCH SYMPOSIUM 4**

BALLROOM 1

**ESC 2024 Hypertension Guidelines**

- Chair: *Antonia Anna Lukito, MD, PhD*
- 13.00 - 13.20 What's New on ESC 2024 Guidelines: Introducing Elevated Blood Pressure  
*Estu Rudiktyo, MD*
- 13.20 - 13.40 Pathophysiology and Clinical Consequences of Elevated Blood Pressure  
*Lestariningsih, MD*
- 13.40 - 14.00 Discussion

**LUNCH SYMPOSIUM 5**

BALLROOM 2

**Hypertension in Elderly**

- Chair: *Prof Suhardjono, MD*
- Co-Chair: *Tities Anggraeni Indra, MD*
- 13.00 - 13.20 Hypertension in Eldelry: How to Diagnose  
*Artaria Tjempakasari, MD*
- 13.20 - 13.40 Updates on Guidelines for the Management of Hypertension in Older People  
*Prof Yuda Turana, MD, PhD*
- 13.40 - 14.00 Discussion

**LUNCH SYMPOSIUM 6**

BALLROOM 3

**Hypertension and Chronic Kidney Disease**

- Chair: *Adre Mayza, MD*
- 13.00 - 13.20 The Effects of Hypertension on Renal Blood Flow  
*Ni Made Hustrini, MD*
- 13.20 - 13.40 Managing Hypertension in Kidney Transplant Recipient  
*Prof Endang Susalit, MD*
- 13.40 - 14.00 Discussion

14.00 - 14.30 **WRAP UP**

14.30 - 15.00 **LAUNCHING  
InaSH PRACTICAL GUIDE BOOK**

BALLROOM 2

15.00 - 15.30 **CLOSING CEREMONY**

BALLROOM 2